

Nelson Bays Primary Health

Falls Prevention Referral form

Nelson Bays Primary Health Falls Prevention programme is a 6-week programme which is **FREE** on the first referral.

Entry criteria is: 65+ years who live independently, are at risk of a fall or have had a previous slip, trip or fall, and are medically stable to cope with gentle exercise such as Sit & Be Fit / Tai Chi. (More information at: www.bewell.org.nz/hp)

A 'Falls Risk' is assessed on entry (and exit) to the programme. Anyone assessed as a 'High Risk' is referred onto NMDHB Physiotherapy Outpatients, if the person approves. (These people are not suitable for this programme)

<u>Patient details:</u>									
NHI Number:			D.O.B:			Gender:			
First Name(s):						Last Name(s):			
Physical Address:						Postal Address: (if different)			
Phone Number:						Mobile:			
Email:									
<u>Ethnicity: (please tick)</u>									
Māori	Pasifika	NZ Pakeha	European	Asian	Other:				
<u>In case of emergency:</u>									
Name:							Relationship:		
Phone Number:							Mobile:		
<u>Patient referred by:</u>									
Māori Health Provider		General Practice		NMDHB (list department below)			Self-Referral		
Support Works		Physiotherapist					Other:		
Date of Consultation:							Name of consultant:		
GP team aware of referral?		Yes	No	Practice Name:					
GP Name:									
<ul style="list-style-type: none"> Referral reasons: At risk of a fall <input type="checkbox"/> Has had a fall/s in the last 6 months <input type="checkbox"/> Medical history relevant to this programme: This patient is suitable for Green Prescription (GRx) support at completion of this Falls Prevention programme Yes <input type="checkbox"/> No <input type="checkbox"/> I consent to the transfer of this information to Nelson Bays Primary Health and ACC for evaluation purposes only. 									
Signed: _____					Date: _____				

Please fax referral to: Falls Prevention Coordinator at Nelson Bays Primary Health on (03) 539 4958 Or phone to discuss on: (03) 539 1812 or 0800 731 317