



## NURSES - opportunities for upskilling

Nelson Bays Primary Health acknowledges the importance of a workforce that is skilled and competent in the area of diabetes management and support in Primary Health Care. This is increasingly important as the Ministry of Health moves towards competency-based assessments and nurse credentialing. To this end we are happy to announce two new upskilling opportunities for nurses.

### Managing and Caring for People with Diabetes in Primary Care and the Community

The aim of this course is to provide Registered Nurses with the opportunity to extend their knowledge and skill in the care and management of people with diabetes, to integrate this knowledge into their nursing practice and to reflect on and critique their practice against guidelines for best practice. [More information here.](#)

### Nurses Leading Chronic Care

International Nurses Day 2010 focuses on the growing need for nurses to lead chronic care. NBPH is delighted to launch a new clinical foundation series focused on providing the knowledge and skills necessary for Primary Health Care Nurses to develop and run nurse-led clinics for common long term conditions such as cardiovascular disease, COPD and asthma, and diabetes.

[More information here.](#)



## TRAINING

### Treaty of Waitangi workshops at NMIT

Te Tari Maori is pleased to offer this [introductory workshop](#), Te Putaketanga - Founding documents of New Zealand.

Develop an understanding of contemporary issues and the principles of The Treaty of Waitangi by exploring:

- the history and events leading up to the signing of The Treaty of Waitangi and Te Tiriti o Waitangi
- the content and intention of The Declaration of Independence, The Treaty of Waitangi and Te Tiriti o Waitangi
- some of the history of Aotearoa from Tangata Whenua and Pākehā perspectives

Enrol today for start dates of: **26 March or 23 April** (more dates available)

For direct enquiries please contact Sophia Austin, Kaimahi Tari/ School Administrator, Te Tari Māori, ph: 03 546 2467 or email: [sophia.austin@nmit.ac.nz](mailto:sophia.austin@nmit.ac.nz)

## Safekids New Zealand

A [workshop](#) on preventing injury to children with specific reference to

### Motor Vehicle Child Passenger Safety

(Child Restraints and Booster Seats)

and

### Burns Prevention/Fire Safety

**When:** 09.30am – 2.00pm, Wednesday 16th June

**Venue:** Nick Smith's Rooms, (Upstairs Room), 544 Waimea Road, Annesbrook, Nelson

Please RSVP, Nita-May Bern-Hippolite 03 546 1540, [nita.bern.hippolite@nmhs.govt.nz](mailto:nita.bern.hippolite@nmhs.govt.nz) by Thursday 10 June

Safekids New Zealand, Tamariki Haumaru o Aotearoa is a national child injury prevention service of Starship Children's Health and a member of Safe Kids Worldwide



## Breastfeeding Update

CAPERS-sponsored seminars for health professionals and breastfeeding counsellors are approved by the NZ Midwifery Council. They provide a unique update for anyone working with breastfeeding women and are ideal revision for IBLCE exam candidates. Due to exchange rate fluctuations, it has become possible to reduce the registration fees for all NZ events. Please download info on upcoming events and the new prices.

- [Breastfeeding Seminars](#)
- [Breastfeeding: A Lifetime Investment](#)
- [Keeping Birth Normal](#)

## Stroke Rehabilitation

Advance notice of a Stroke Day for health professionals in Christchurch on 26 April 2010.

More information is available [here](#).

## THE NEW HUB

### Shape Up

[Shape Up](#) with circuit sessions at The New Hub every Thursday 10am – 11am. Ideal for older people, people with disabilities or injuries, or just people wanting to get back into exercise in a gentle way.

### Movie

A free community screening of [Hip Hop: Beyond Beats and Rhymes](#)

Don't miss this unique film event on Wednesday 17 March at 6:30pm, The New Hub, Nelson